



August 2018 NEWSLETTER

Senior Wellness Clinic

Did you know that pets age seven times faster than we do?



Each year of a pet's life represents 5-10% of its total life span. Performing procedures included in a Senior Wellness examination once a year is the same as once every 5 -7 years for a senior human adult.

This means that the health of your family pet can change rapidly in a short period of time, and these subtle changes often go unnoticed.

The average life span of a cat is 15 to 16 years; however, some cats live well into their 20's! The average life span of a dog is about 12 years however, small dogs tend to live longer and certain factors can influence how a pet ages.

Did you know that senior pets are more prone to kidney disease, liver disease, diabetes, heart disease, thyroid disease, certain types of cancer, and metabolic problems? Studies show that annual blood testing in senior pets can, on average, double the years you have remaining with your pet.



CAT YEARS	HUMAN YEARS
7	54
10	63
15	78
20	97



DOG YEARS	HUMAN YEARS (small to very large dogs)*
7	44 to 56
10	56 to 78
15	76 to 115
20	96 to 120

Age: Estimated Human Equivalents for Older Pets
*Small: 0-20 lbs; Medium: 21-50 lbs; Large: 51-90 lbs; Very large: >90 lbs

Early medical detection and treatment of diseases in your senior pet can only be accomplished through regular examinations and screening tests.

A physical examination can help detect disease in the geriatric patient. Your veterinarian will palpate or feel your pet's musculoskeletal system, abdomen, and head and neck areas for abnormalities. A stethoscope will be used to listen to your pet's heart and lungs. Your pet's eyes, ears, and mouth will also be checked for age-related problems, such as cataracts, dental problems, and ear canal disorders.

A urine sample can help detect kidney disease and diabetes, which are diseases commonly seen in older patients.

If required further diagnostic tests can be undertaken at the practice. A blood pressure measurement to assess the elderly patient for hypertension (high blood pressure). A blood sample to assess liver, kidney and thyroid function as these are the diseases commonly encountered in elderly patients.

Ann-Marie Coughlan MRCVS MVB

Senior Wellness Clinics

include the following:

- 30 min consultation with a Veterinary Surgeon, checking the heart, teeth and mobility
- Full blood profile (screens for anaemia, blood proteins, liver and kidney disease, diabetes, thyroid disease and measures levels of potassium, calcium and phosphate)
 - Urine tests

All tests can initially be run in the practice, so results will be available within 24 hours. Any abnormal findings will be discussed, and further treatment or investigations advised if appropriate.

During the months of **September, October and December** we will be providing the service at a **reduced cost of £98 (normally £189)**

Please be aware this service is for well animals. If your pet is unwell please make a routine appointment with one of our vets.

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Contact them today on
08000502022, to activate your
5 weeks free cover.***



Westover Fun Dog Show

Check out the photos on our Facebook page, we raised £247 for Guide Dogs, which we will add to our running total and let you know the grand total at the end of the year.



Best in Show and Reserve Best in Show



Congratulations !

Westover Waffle

Welcome to Nina Dalziel our new trainee veterinary nurse, she will start her studies in September, and is already settling in well with the team here at North Walsham.

